



The School District of Palm Beach County, Florida

Wellness Promotion Policy (2.035)

Meeting Notes

Date:

October 16, 2013

Topic:

Wellness Promotion Task Force (WPTF) – 1st Meeting (FY 2013-2014)

School District Goals:

Effective Governance

Customer Service

Safety

Current Policy, Procedure and/or Situation:

Wellness Promotion Policy (WPP) (2.035)

Meeting Attendees:

Allison Monbleau	Debbie Neeson	Jamie McCarthy	Marge Sullivan	Quinn Hayes
Amie Schneider	Deborah Feinsinger	Jane Solomon	Maria Bishop	Rick Lewis
Andrew Chase	Denise Cargill	Jane Winters	Maria Camacho	Robert Canane
Ann Faraone	Denise Griffo	Janet Duncan	Marilu Garcia	Robyn Raye
Anne Kist	Diana Gomez	Jennifer Costanza	Marilyn Boursiquot	Roudy Derisse
Bonnie Rawlins	Diane Howard	Jezebel Maisonet	Marisol Velasquez	Sara Jones
Brenna Bertram	Dianne Morin	Jim Kunard	Mark Murray	Seth Bernstein
Brittany Russell	Elena Voronkova	Jim Moore	Marla Phillips	Stacy Justine
Bruce Harris	Ellen Smith	Julie Kreafler	Marta Zuluaga	Stacey Lazos
Bud Tamarkin	Elly Zanin	Julie Swindler	Matt Jarsen	Stephanie Wagner
Candice Brodie	Eric Stern	Kacie Tapley	Melinda Frantz	Steve Bonino
Caroline Archambault	Erica Whitfield	Kathleen Moore	Meredith Pegg	Tanya Greer
Cathy Burns	Evelyn Olivera-Silva	Kay Stagra	Michael Burke	Tom Aguanno
Chantal Gellermann	Gaby Coolican	Kim C. Williams	Michael Kane	Tracy Mularchyk
Cheryl Alligood	Geoffrey Sagrans	Kim Sandmaier	Miguel Benavente	Walter Ames
Christina Davis	Ginny Keller	Kirstin Voit	Mindy Haas	Wendy Shelhamer
Clarinda Shabazz	Gonzalo Carcache	Laura Fenn	Natalia Arenas	William Stewart
Clay Walker	Heidi Schwab	Lee Kolbert	Nicole James	Yelena Gonzalez
Connie Siskowski	Isabelle Philippe-Auguste	Linda Ashkin	Patrice Schroeder	
Courtney Burke	Jaclyn Granda	Lori Dornbusch	Paula Triana	
Cynthia Clayton	Jacques Nicholas	Lynn Granda	Perry Borman	

Discussion/Progress:

The meeting began at 8:30 a.m.

Paula T. Good morning and welcome everyone to the District's 1st *Wellness Promotion Task Force* (WPTF) meeting for the 2013-2014 school year. Steve Bonino, Chair of the WPTF will be arriving a little later. However; in the meantime, Dr. Seth Bernstein and I will be running the meeting. *Thank you Seth.*

Seth B. Good morning everybody, it is great to have and see such a full room. I am your *Interim Chair* until Mr. Bonino arrives. We will like to start out by reading the *Wellness Promotion Policy - Mission Statement* to get us focus and grounded.

- “The *Wellness Promotion Policy (2.035)* creates a forum to educate the District and community partners to successfully collaborate in promoting healthier lives. With the District's ultimate goal of improving student performance, the direction of the *Wellness*



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Promotion Task Force is to encourage a proactive approach to holistically address the health, wellness, and safety for all school children and staff, parents, and the community.”

Who is here for the first time? Thank you for coming today and hopefully we will see you at future WPTF meetings. Let us all stand for the *Pledge of Allegiance*...

Paula T. It is exciting to see such great participation today. This is our task force’s eighth year and it is amazing how we continue sustaining value and growth. This is because all of you that are here supporting the District and the community of Palm Beach County. We would like to start this meeting off with a positive message. Remember, together we have accomplished so much thus far yet there is always more room for growth and new possibilities. We are excited to deliver a promising year of *wellness*, and for this reason we know today is going to be a *good day* and we will also have an amazing year to follow.

Ice Breaker video shown... (Black Eyed Peas- “I Gotta Feeling”) – 1:44 minutes

Every year we take into consideration your feedback regarding the WPTF meetings and make changes accordingly. We want to highlight the Survey Summary for FY 2012-2013. There were very simple questions asked. Here are some results from the last survey:

1. How satisfied were you with the Wellness Promotion Task Force:

- **89%** were **Very Satisfied**
- **7.5%** were **Somewhat Satisfied**
- **3.5%** were **Neutral**
- **0%** were **Very Dissatisfied**

2. Why did you attend the Wellness Promotion Task Force meeting?

- **3%** attended for the purpose of **Networking**
- **3.5%** attended because of **Interest in Event Topics**
- **16.5%** attended to **Support the Wellness Initiatives**
- **77%** attended for **All the above reasons**

3. Was this meeting meaningful and valuable to you?

- **96.5%** stated **Yes**
- **3.5%** stated **No**

When it comes to the survey comments we try to identify the patterns. All survey comments are instrumental in improving and assessing the progress and future of these meetings. We want to acknowledge everyone’s feedback. The other survey that was conducted was based on our 2nd **“Wellness Celebration”** event that took place on December 6, 2012. The comments were extremely positive. This year, our 3rd Annual **“Wellness Celebration”** event will be held on Thursday, December 5, 2013 at 2:30 p.m. – 5:30 p.m. We will be sending you an invitation soon. *Please come and join us on this great celebration!*

Through our WPTF email distribution, we asked for everyone to provide us with three main issues with regard to the District’s Wellness Promotion Policy (2.035), and/or its Goals and Objectives - that they would like to see considered in the future. We only received twelve



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responses; however, we will put this out again since the response was small. We will be considering the revision of this policy if needed in the future.

This Wellness Promotion Policy is also available on The School District's website <http://www.schoolboardpolicies.com/p/2.035>

Comments Mentioned:

- Some people commented that the Wellness Promotion Policy is lengthy and asked how it is being put in effect in the schools. Of course this would be through the support of our District's Leadership, the School Board, School Administrators and the Legal Services Department. We want to thank Bruce Harris, Senior Counsel from the Legal Services Department, who has participated from the inception of this policy and has given us instrumental feedback and support. We want to continue to infuse more awareness of this policy in schools through health and wellness initiatives, physical education, and employee wellness etc.
- "Weight Management" was also brought up in the comments. Right now we do not have anything in the policy in regard to weighing in or BMI's specifically. I know that through the Health Care District – the school nurses do BMI's for grades: kindergarten, 1st, 3rd and 6th.
- The other two issues were "fun contests" or "school gardens." Both are not in the Policy. As far as gardens, we had the fortune to receive the Robert Wood Johnson Foundation's – *Healthy Kids, Healthy Communities* grant for four years in our district. Erica Whitfield has been working with a specific territory in Palm Beach County to address gardens. We have had great outcomes in schools.

We also want to acknowledge that the Wellness Promotion Policy Annual Report received for three consecutive years, the 2013 Sunshine State School Public Relations Association's - "SUNSPRA Medallion Award", but this year we also received the "Best of Show". We brought both awards today to present to everyone and say thank you to all of you because this effort is done together. We could never put together an Annual Report without us working together. Steve Bonino received this award on behalf of the District and community over the past summer in Tampa. Also, the WPTF was recognized by the School Board for receiving this award.

We are currently putting together the 7th Edition *WPP Annual Report 2012-2013* and it will be presented to the School Board on a workshop on Wednesday, January 8, 2014. We will invite you all to come out to support this important presentation.

Agenda's Presentations & Discussion -

Commit 2B Fit Program & Allamanda Elementary -

In the past years working with the WPTF we have created wonderful internal and external relationships. Today we have two school principals. Mrs. Marilu Garcia and Ms. Maria Bishop – please stand up, we would like to thank each of you for your support to wellness.

Allamanda Elementary is the first and only school in The School District of Palm Beach County designated this school year as a "Health and Wellness" campus. Allamanda is striving to educate the whole child, with an increased focus in the area of fitness and nutrition, and by also



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offering many opportunities for students, teachers, and families to participate in these life changing activities. Starting in the 2014-2015 school year, Allamanda Elementary will be formally designated as a magnet school for "Health and Wellness" at our district. We want to highlight them as much as possible.

In the past we have supported 43 selected elementary schools through the *Commit 2B Fit Program* using the academic agendas for 3rd, 4th, and 5th graders. The academic agendas have been wonderful to infuse messages of health and wellness, and they serve as communication tool between the teacher, student, and parents. We want to recognize and thank *Commit 2B Fit* (Elly and Michelle) who worked diligently with their partners such as the Miami Dolphins to secure some "Dol-Fit" events for Palm Beach County. Last school year, we secured one event at Starlight Cove Elementary and this school year two events: one at Galaxy Elementary and the other at Allamanda Elementary. *These two events were wonderful...kids had FUN!*

Video Clip- Allamanda Elementary and Dol-Fit/Commit 2B Fit.

- School based program geared toward preventing childhood obesity.
 - <https://vodcast.palmbeachschools.org/player/G5HOM>

Paula T. Mrs. Garcia would you like to say anything? You are welcome to come up and talk about Allamanda.

Marilu G. Good morning – I am principal, Marilu Garcia, of Allamanda Elementary. We are an ASD cluster site and we have over 120 students with Autism in our school population. This just seemed like such a great fit. We would go to the Autism Walk and have kids walk, jog, and run. You could see the determination on their face, it was very exciting. I will let Debbie tell you about where we are going now.

Debbie B. One of the most exciting things at Allamanda Elementary right now is that all the kids want to be involved in physical activity, and our afterschool clubs are bursting at the seams! Over 90 kids want to be in the Running Club. We did sprints the other day and one student came up and said how much she loved it. You cannot imagine how exciting it is for them. Besides running, we also have a Walking Club, a Cooking Club where they work on healthy cooking choices, and a Morning Muscle Club for K-1 students. It is a wonderful program and the kids are very excited about it. The teachers are as well.

Marilu G. And the parents are excited too. I overheard a parent ask their kids the other day, "So, I am not allowed to buy white bread anymore?" So, yes, the message is getting home.

Paula T. Thank you very much Mrs. Garcia.

Our next presenter, Ms. Julie Swindler was appointed as the Chief Executive Officer of *Families First* in 1992 after serving the agency for two years. In the last twenty years, Ms. Swindler has grown the non-profit to a reputable social service agency with a budget of over 3.4 million dollars, a staff of over 30 employees, and two offices in Palm Beach County. Ms. Swindler is known to be both compassionate and very dedicated. Her success includes collaboration with the *Delray Beach Housing Authority* and the *Family Self Sufficiency Program*. A leading role in developing maternal-child systems in Palm Beach County. We are very excited to have her this morning.



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Families First of Palm Beach County -

Julie S. Good morning, it is so nice to see old friends. I am delighted to be here as part of the wellness community. I am happy to talk about some of the families we are currently servicing and how it deals with the school system. There is a three tier approach with our *Families First* Program:

▪ *Early Intervention Programs:*

- ✓ *Targeted Outreach for Pregnant Women* is the first. We hire non traditional staff that are likely recovering from substance abuse or might have HIV. This staff really knows how to get to non traditional venues, particularly those who are pregnant and not seeking out prenatal care. 75% is purely street outreach; however we do interface with the school system because some of our teens are pregnant within the school district. About 30% of our pregnant women are coming from the 13-21 year old age group. In our program we offer pregnancy tests, HIV tests, we connect them to prenatal care, and we follow them to ensure that their babies are born healthy. Since 1999 none of our babies born to our TOPW women have been HIV positive. This last fiscal year we had thirteen HIV positive moms who all had good birth outcomes.
- ✓ *Healthy Families Program* is a pure child abuse prevention program. These families have several risk factors. They could have a history with the dependency system, substance abuse issues, domestic violence, mental illness, poor living conditions, or they may be a teen. If they are identified as high risk, referrals come to us and we can follow the family for up to five years. Once the baby is born, we do frequent home visits. We go over safety in domestic violence situations and create plans. We look at the relationship with paramours who may be in the home. We also look at parenting skills that will help the family care for the child in a more appropriate way. Our mantra is "*Prevent Child Abuse and Neglect.*" In our system in Palm Beach County - 98% of families we serve are free from child abuse and neglect. However, a year after service with the *Healthy Families* program, 100% of those families are still in their homes. So this program does work. We want to be sure the families are school ready.
- In our *Family Preservation Program* we have what is called the *Relative Care Giver Program* which was started as a collaborative with the Legal Aid Society for relative caregivers caring for children because their biological parents are unable to do so. Their parents may have died, are incarcerated or have abandoned the child. We want to make sure the children stay with their relatives. The majority of kids in this program are school aged but we do have a few babies. We actively work with the school district to make sure they are appropriately placed within the school system and are getting services that they need in order to maintain care with the relative caregiver. Again, we want to keep them out of the child welfare system and not disrupt them again since they already lost a parent. In terms of child abuse and child welfare programs, we are saving the state taxpayers \$72,000 for every child we keep with their natural parent or caregiver, so it



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does save a lot of money.

- *Family Self Sufficiency Programs:*

- ✓ *Project Connect Collaborative* is where we work with adoptive families in the Palm Beaches and with children and families in the Wiley Apartments. These are nine units where they are receiving housing subsidies, or are paying 30% of their income in order to stay in this structure. We provide the supportive services to ensure that parents know how to budget, pay bills, open checking and savings accounts, create resumes or go back to secondary education. We ensure that the children are safe and receiving services that they need and are entitled to. In addition, we take on those at risk of homelessness. We just helped a family that would have lost their house to foreclosure due to having to go to Puerto Rico to help a dying family member. All of their money was used for that. We worked with the family and the bank, and now the family still lives in their home of four years. So the program is important. In all of our work, “*Self Sufficiency*” is our mantra. We want families to be safe, but also to be self sufficient.
- ✓ *Bridges to Success* is a Permanent Supportive Housing Program where we have eleven scattered sites from Royal Palm, Belle Glade, and Pahokee. These families are mentally ill, substance abusing, or HIV positive, and are living in a permanently supported structure. We work to make sure these families get services they need so they may eventually find jobs and move out of the supported structure.

“Comparison of Effects Chart” shown on the projector:

- Greg Milligan is a nationally known speaker who does a lot of work in Thailand. He experienced physical, sexual and emotional abuse by his mother and strangers and was exposed to substance abuse. He endured everything a person should never have to endure. He lives in Thailand six months out of the year and has written position papers on how child abuse and neglect should be seen as diseases.
- If you look at Column A, you see some of the effects of a person who has cancer.
- If you look at Column B you see the effects of someone who has been abused by a caregiver. Many of them are similar.
- I wanted to show this because a lot of the kids in the school system are manifesting these behaviors but we often do not recognize it.

A few of our collaborative partners:

- In all of our programs, we cannot do our work unless we interface with our partners.
- Healthy Beginnings Systems of Care from 0-5, the Health Care District of Palm Beach County, Florida Health – Palm Beach County, Genesis Community Health Center, Boys Town, Gerome Golden, and our substance abuse partners: Gratitude House and PANDA.

Funding Partners:

- The bulk of our money comes from the Children Services Council.
- Florida Department of Health, Department of Children and Families, United Way Palm Beach County, and the Quantum Foundation who just gave us a grant.



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Seth B. Are there any questions for Ms. Julie Swindler? Well great Julie, thank you so much. *Families First* is quite an important part of the system of care in Palm Beach County.

You may have noticed that Mr. Bonino, our Chair of the *Wellness Promotion Task Force*, has joined us. But before I turn the gavel back to him we do want to go back to the second part of the ice breaker. If we could start that Paula.

Congratulations to Steve Bonino: Picture shown on the projector and "Celebrate" by Three Dog Night played in the background.

Paula T. Steve...we want to celebrate you and the commitment you have given to the *Wellness Promotion Task Force* for eight years, and also we want to celebrate your new position as the District's Chief of Division of Support Operations. *Thank you so much for everything.*

Seth B. Mr. Bonino, the microphone is all yours.

Steve B. They both know I am a mush and this is going to be very hard for me. First of all, welcome. I noticed that we have a full house and we still continue to grow in this grassroots advocacy for wellness. It is tremendously and greatly appreciated by first and foremost, myself, secondly the District, and ultimately for the community that we serve. I want to apologize for my tardiness. I have stepped into a life of emergencies, but fortunately I do not mind handing them. Unfortunately, much of it is out of my control and I do have to leave again in about ten minutes. That begin said, I consider myself a very fortunate individual. I have served the School Board of Palm Beach County as a public servant for 22 years and I would not change a thing. I have been faced with many tough tasks and tough decisions, but no greater than the decision of having to leave the 1,100 people who I dearly love in the School Food Service Department. Some people might think making the decision to become the Chief for the Division of Support Operations was my toughest decision to make, but it pales in comparison to the decision I had to make leaving who I consider to be my family. That said, I had the opportunity to communicate with all of my School Food Service folks a couple of weeks ago and under the guise of a true pleasure was one that stated, "It is really not goodbye, it is just hello from a little bit of a different place." I wanted to share that with all of you. This is not goodbye from the standpoint of School Food Service or Wellness. I now get the great pleasure of representing 3,500 people within the District that represents seven or eight departments depending on how you look at it. The staff meetings I have held with the groups I am now responsible for all understand that representation from their groups at these *Wellness Promotion Task Force* meetings is imperative and I see some of those folks today. I am very happy to recognize that they are here, because the directors and the leaders of those departments need to be aware of what we have been doing for eight years and the excellent work for our community that is the *Wellness Promotion Task Force*. I want to let you know that this message will continue within each of the departments that I represent. I want you all to know that I am the type of person who wears my heart on my sleeve and those who work close to me understand that completely. This has been an emotional task for eight years; and it will continue to be for the rest of my career. I will do my best to be here, hopefully to impart direction with the lovely lady standing up at the podium (Paula Triana). The time that we spend together helps develop this agenda. Seth has been a big part of helping this *Wellness Promotion Task Force* comprehensively, but he also



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steps in as a *celebrity chair* when I am not here and that is greatly appreciated. What I am saying is that we are all one in this particular effort. I enjoy it, I will continue to be committed to it, and I will continue to be committed to all of you in support of the great things that I know are going to happen in the future. To all of our new folks, thank you for being here. To our speakers, you are so very important to everything we do here from the standpoint of getting your information out, and creating that networking hub which is how this was designed. To all of you, goodbye and hello from a slightly different place. Thank you for everything that you have done to date, and in advance, thank you for everything I know you will do in the future. You are in very, very capable hands with Ms. Triana and this lovely lady to my left who I love dearly (Allison Monbleau). She is now the General Manager of School Food Service, and fingers crossed, she is my hope for the Director of the School Food Service Department. We have interviews on Tuesday. She is not nervous at all for that.

I love this, I love you guys, I am not afraid to say that word. I have enjoyed every minute of this and I will enjoy being a part of this with a larger group of people. *Thank you for everything.*

Paula T. Beautiful Steve...yes - we are still together and the family participation is going to get bigger which will be a wonderful opportunity as we will embrace the *Wellness Promotion Task Force* to a higher level to do more, give more and work harder. We are very excited with your guidance and leadership. *Thank you!*

With that I would like to introduce Mr. Jim Moore from UnitedHealthcare. He is the Strategic Account Executive and he is going to bring to us a staff testimonial.

“Storytellers Video: The School District of Palm Beach County Diabetes Health Plan” -

Jim M. Good morning. As you look around here you see folks who are all making an impact and I want to thank you. First, I want to talk about the fact that I am a lucky one. I am not one of the 26 million Americans who have diabetes. I am not one of the 79 million who is pre-diabetic. My employer incents me to go to the doctor and find out what my conditions are, so I know from my recent biometric screening that I am not diabetic. The School District of Palm Beach County under the direction of the Risk and Benefits Management Department helped create the *Diabetes Health Plan* a few years ago. We partnered with them and the American Diabetes Association to create this volunteer program where employees can get lower cost co-pays and medication if they have this disease. In looking at your WPTF’s - *Mission Statement*, one of the key things is *improving student performance*. This program helps to do this by keeping teachers in the classroom, making sure bus drivers are there to get kids to school. I have three young daughters, so I know this is important. Sometimes we just look at the big picture. I would like us to focus on the smaller picture. We need to help make students’ environment even better for learning. And of course to help make sure that person is home for their children, to tuck them in every night. I am honored to have had the opportunity to meet Marisol Velasquez. I knew from the first call that she is, as my girls say, “*A bucket filler.*” Her passion jumped right out. She will be able to teach thousands of others across America diagnosed with diabetes that you can live with it.

Video: United Health Care- Diabetes Health Plan

- **Success Story:** Out of West Palm Beach, Florida - 29 year old Marisol Velasquez, a 3rd



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grade teacher in Palm Beach County was diagnosed with diabetes twelve years ago. She was in high school and did not expect this would happen to her. She knew she had to do whatever she could do to stay healthy. Through her employer she has a health and wellness program that she uses. UnitedHealthcare reached out to her and she has been a lifesaver. There are a lot of costs included with being diabetic. She was concerned with if she would be able to become an educator and have a family. Achieving those goals has been the greatest thing for her.

Jim M. Ladies and Gentlemen give a warm welcome to Ms. Marisol Velasquez.

Marisol V. Thank you for giving me the opportunity to share something that has been a part of me for a long time. I was very young when I was diagnosed and was the only person in my family to have diabetes, so it is very emotional for me to share my story. I want to thank UnitedHealthcare and the School District for providing this amazing resource. They have helped me in so many ways. I also want to thank Ms. Gail Diedrick (UnitedHealthcare Nurse Liaison) who was my first contact person with the *Diabetes Health Plan*, and my principal Ms. Maria Bishop for supporting me.

Jim M. We have a bag of wellness goodies for you to help you keep up with your progress. Thank you Marisol and Ms. Bishop for your support. *Thank you so much.*

Paula T. Thank you for coming today Jim and Marisol – *nice testimonial.*

Our next presenter is the Founder and Executive Director of *The Walking Classroom*, Ms. Laura Fenn. We are excited to learning more about this program.

The Walking Classroom Institute -

Laura F. Good morning. My name is Laura Fenn and I am a former 5th grade teacher. It was a job I loved but I am now doing something I love *almost* as much. I went to graduate school in New York City and started teaching in east Harlem. Then, we moved to North Carolina and I taught 4th, 5th, and 6th grades. Regardless of where I taught, whether it was a high income or low income school district the trends were the same: there was less time allocated to physical education. My students were inside a lot. It was particularly negative for my lower income kids who would ride the bus, sit in school all day, and were often not allowed to go to recess because they needed remediation. Then they would go back on bus and not play outside due to safety. Basically, weeks could go by with no physical fitness at all.

One day I was out for a walk after a rough day. As I was stomping around, my mood lightened. I was listening to a podcast I got from the internet and I thought, "*my kids could do this.*" I approached my principal already about going outside but she said no because of instructional time. I went back to her and asked, "what if we put lessons on MP3 players...then could we go outside?" She said yes, and *The Walking Classroom* was born.

Projector: Showed a picture of a student named Teddy who is not paying attention while others in the background are.

It became very apparent that this was a powerful tool. Lethargic kids woke up, squirmy kids settled down. We all were able to get more done. It was also impactful for my ADHD students who try not to get in trouble all day and therefore do not absorb the material. Teddy started to raise his hand more. Then I started to do more research.



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Projector: Brain Scan Slide – Average Composition of 20 Students Brains taking the same test.

On the left are brain scans of ten year olds taking a test and on the right are brain scans after a twenty minute walk. (The brain after a twenty minute walk shows more brain activity.) It is compelling research. *Showed Appendix A of the Common Core State Standards* initiatives which showed the correlation between reading comprehension and age. It showed that students through middle school have stronger listening comprehension than reading comprehension. I began searching for podcasts related to the curriculum. Fast forward four years we are now a national award winning non-profit. We won the *Active Schools Acceleration National Grand Prize*. We also won the *Blue Cross Blue Shield Health Innovations Challenge* and the *Teachers Choice Award for Impactful Educational Tools*. We started out with 5th grade by the end of the month we had 4th grade. On each “WalkKit” is a school year’s worth of podcasts aligned with curriculum. They are kid friendly and include topics teachers are required to teach anyway. The podcasts are set up where two students are having a conversation about a topic; therefore, the students listening and do not feel like they are being lectured. Supporting each podcast is a lesson plan. For students who have different learning styles - this is a game changer for them. Teachers are grateful that this is not something else they have to plan and that it is ready to go. All the kids listen to the same podcast at the same time. The great thing about it is that the heavier kids or students who are not good athletes and hate PE or recess enjoy it because walking is so approachable. We are based in Chapel Hill, North Carolina and have been awarded a wonderful grant from the Kenan Charitable Trust. We were able to outfit five elementary schools in Palm Beach County with donated sets. The following schools are using The Walking Classroom with their 5th graders:

- Allamanda Elementary
- Berkshire Elementary
- Beacon Cove Elementary
- Galaxy E3 Elementary
- Gove Elementary

If your school wants the program, you can buy it and we will ship it out. It is \$100 per “WalkKit” and \$100 per Teacher’s Guide. Materials are delivered within the week. Schools can also apply for a donated set. It is important for teachers to apply at www.TheWalkingClassroom.org/apply.php. If you receive a donated set, teachers just need to send a thank you letter to the donor, fill out an online survey, and send us pictures so we can keep spreading the love.

Video: The Walking Classroom

Paula T. Thank you. Are there any questions for Ms. Fenn?

Kim S. I wanted to thank Laura because it has been great to be given this opportunity to the District and this program really complements our curriculum.

Paula T. I am delighted to introduce our next presenter Lori Dornbusch – Assistant Director, Site Based Operations, School Food Service (SFS) Department. She is excited to bring us an update on the *Power Up With Breakfast* campaign.



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“Power Up with Breakfast” Campaign -

Lori D. Good morning. When I spoke with you last October 2012 we just put our last 53 schools on the *100% Accessible Breakfast Program* through our *Power Up With Breakfast* campaign. Now every student in Palm Beach County, including charter schools, enjoys a free breakfast every day. In the past nine years we have been working to allow students to have a free breakfast regardless of economic status. After practicing with one school we knew it would be a challenge to do this for all other schools in the District, but that it would be worth it. We started with 85% free and reduced participation and brought it down to 80%, then to 75%. Last school year we had the schools that were 40% or less free and reduced status added on. We implemented schools in such a way where it would impact students, but still allow us to remain on budget with the department. On October 1, 2013 we decided to add the last 53 schools. While this group had the highest socioeconomic level, we found some astounding statistics. Within a week breakfast participation increased by 150% and participation of paid student status increased by over 400% in some schools. The free student participation went up as well. This is because among school students there is a stigma surrounding eating breakfast in the cafeteria, and what that might indicate about socioeconomic status. This prevents free students from participating in fear of being singled out as a free student. Now that everyone is invited to eat breakfast, the free kids are no longer discouraged to go eat in the morning. In the 56 schools that I researched, there was an increase of 20-80% of free students eating breakfast. The increase of free student participation was most significant in areas of higher socioeconomic status and in secondary schools where peer pressure is strong. It has been one year since all schools have been added. In September 2013, 285,000 more breakfasts have been served as compared to September 2012. The daily increase is 12,000 meals which means by end of school year we have served an additional two million meals which will bring us very close to ten million meals just for breakfast, not including lunch. Marketing has been very important in our success. We have created and utilized wonderful *Power Up With Breakfast* campaign posters in schools and send flyers home to get every family on board. In July 2013, our department sent out to all students’ households a *School Meal Programs* brochure promoting all our programs – including *Power Up With Breakfast*. Recently, we delivered breakfast to the Kool 105.5 FM - the Mo and Sally Show. We received a warm reception. We also received a state USDA – Southeast Region *Best Practice Award* for increasing breakfast participation. We will continue with these efforts because we all know that *hungry children cannot learn*. This will continue to be a priority for us. In Palm Beach County when this program started, breakfast participation was 15% and now we are up to 27 % which is much higher than the national average of about 17%. Thank you.

Paula T. Thank you Lori.

Seth B. Could we have Perry Borman come up?

2nd Year ~ Soul Source Project and the PBC Food Bank -

Paula T. This is the second year the District is promoting the *Soul Source Project*. Last year we collected a total of 5,377 pounds from collections at all the *Wellness Promotion Task Force* meetings, the District’s Fulton-Holland Educational Services Center building and at the School



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Food Service (SFS) In-services where our School Food Service Managers serve as the conduits to collect, secure and deliver the non-perishable goods from their respective schools.

Perry B. Good morning...thank you Paula. I am Perry Borman with the Palm Beach County Food Bank. We are a non-profit organization that supports the front line of hunger relief in our county. Our primary customers are about 95 organizations who are feeding hungry children, families and senior citizens everyday. I cannot thank Paula and Steve, School Food Service, the individual schools and the District's *Wellness Promotion Task Force* enough for being a wonderful partner to us. The reality is that the school system is the largest hunger relief organization in any county so it is important to have a strategic partnership. We operate out of a 10,000 square foot refrigerated warehouse in Lantana, Florida with much more capacity for growth. The week before Thanksgiving is *Hunger and Homelessness Awareness Week* (November 18-22, 2013). On November 18, 2013 we are hosting a meeting intended to provide an in depth overview of what is going on in hunger relief and improving food security in Palm Beach County. At Palm Beach DramaWorks we are also showing *A Place at the Table* which is a documentary on hunger relief. The information is in today's agenda packet. *Thank you.*

Paula T. If you work here at the District, we encourage you to donate non-perishable goods. Thank you Perry for working with us. We will send out the *Community Events & Announcements* document electronically for everyone to share with your partners.

Now we want to introduce Ms. Tracey Mularchyk. She has been a wonderful partner and represents Citibank who has been very generous with our wellness initiatives. Tracey will talk about our 1st *Healthy School/Well Workplace Award* winner who will receive a scholarship for their school program. We had a total of seventeen school applications for this first time.

Citibank also provided us with a Spa Basket to give as a door prize at the end of today's WPTF meeting...*thank you.*

Citibank – 1st “Healthy School/Well Workplace Award” -

Tracey M. Citibank has been very committed to provide financial education and wellness to all of our students and families. On behalf of Citibank we are pleased to present the first *Healthy School/Well Workplace Award* to Robin Raye, the Wellness Champion of Hope Centennial Elementary. Their *“Bust A Move Into the Holiday”* five week program will offer Zumba, Salsa, and healthy beverages and snacks to staff to help employees stay healthy throughout the holiday season. Thank you Robin for inspiring healthy role models and a healthy school environment.

(Picture taken with the check: Tracey, Kim, Paula, Robin)

Paula T. This was our first time providing this award. In the February 5, 2014 WPTF meeting we are planning on giving away two to three of these awards to school applicants, right Kim?

Kim S. Yes, we have been working on this since the summer and it is something I have wanted to happen for several years now. Citibank was our first partner we reached out to and they are doing so much for the students and staff. I am happy to see that a Wellness Champion can receive a monetary award to support and enhance the wellness culture at their school. *Thank you Tracey.*

Paula T. I also wanted to thank our community partner OneBlood and each of you who have donated blood. Our goal last school year was to collect 150 pints of blood...and we reach it; we



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collected a total of 151 pints. We certainly want to maintain that same goal for this school year.

Paula T. Other School/Departments Based Activities - Updates:

Curriculum & Learning Support - we will hear from Eric Stern via Erica Whitfield who will provide Eric's Update.

Other School/Department Based Activities - Updates:

Erica W. *Division of Curriculum & Learning Support on behalf of Eric Stern* –

- In Physical Education a lot is happening; we have the PEP Grant which is a two million dollar grant we received a few years ago. All 108 public elementary schools will now have the training called SPARK.
- January 18, 2014 is the South Florida Fair Kids Mile. Many of our schools will be participating in that to run the final mile.
- I was just named National School Wellness Advisory Board and will be attending in Washington D.C. in November. I have realized Palm Beach County is unbelievably cutting edge when it comes to childhood obesity prevention and I am extremely proud to be a part of it.

Erica's Update – RWJF: Healthy Kids, Healthy Communities –

- First, it is a privilege to have Ms. Bishop, Principal of Berkshire Elementary with us this morning. We had the first *Joint Use Agreement* at Berkshire Elementary on October 5, 2013. The reason this is so special is that over the last twenty years the amount of parks have declined. For the first time, we have worked with *many* partners to create a field and walking trail on the Berkshire Elementary campus that is open on weekends and after school, ultimately making a park right in the middle of the community. This is all because of Ms. Bishop and her leadership. I am very excited that we have this.

Maria B. Good morning. Thank you to Erica and all the founders and partners. The students are utilizing the park and the turnout was wonderful. We are looking forward to having this in the community. We will also use this for *The Walking Classroom*.

Erica W.

- I wanted to mention that the *RWJF: Healthy Kids Healthy Communities program* will be able to be a sponsor for a second year the 2013 Learn Green Conference. We are sponsoring again a bus tour of Tradewinds Middle and North Grade Elementary school's gardens. This program has funding that can pay for you to go if you have anything at all to do with helping kids in Palm Beach County. There are 80 spots left. Let me know if you are interested in attending it.
- This Saturday, October 19, 2013 at Barton Elementary we are going to be building boxes and planting trees at 8:00 a.m.
- Lakeside Medical Center in the Glades is interested in creating a walking trail orchard which would be a great tie in for obesity prevention in that area. I would love to have people interested in supporting the Glades come out on Tuesday, October 22, 2013 at 4:00 p.m. – checkout the *Community Events & Announcement* document in your packet.

Stacey L. *Curriculum and Learning Support – HealthTeacher*

- Good morning. It is our 4th year and Miami Children's Hospital has sponsored



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HealthTeacher because they want health education resources for the students of our county. We have about 1,250 teachers who have signed into HealthTeacher and obviously we are trying to make that even more.

- Last year, we introduced our *Go Noodle* programs which are interactive brain breaks for the classroom. Initial beta testing was great where 90-98% of our users agree that it engages students and helps them focus. We wanted to have a little research study of our own so we are working with Allamanda Elementary, Citrus Cove Elementary, and Everglades Elementary where teachers are participating in a study. By our next Wellness Promotion Task Force meeting (February 5, 2014) I will have those results for you.

Kim C-W. *Single School Culture© Initiatives –*

- We have been very busy. Cooperative agreements are agreements we have with outside agencies. That renewal process is this year and we have 32 agencies and a lot of new agencies interested. On October 24, 2013 in Thurber-C at 8:30 a.m. there will be a meeting for all those interested in being added to our schools.
- We had our first Safe and Drug-Free Schools Advisory Council meeting. Thirteen people were interested but we could only take seven. For the next meeting in December we already have four people on the agenda.
- We have been working with our Action Alliance on Mental Health. Our parents out there are really struggling and wanting help and resources. This Alliance will bring them those resources. We were also able to work with school counselors. The first *Breaking the Silence* Mental Health Curriculum for Elementary is approved and going into our 4th and 5th grade.

Rick L. *Single School Culture© Initiatives –* I work in the area of School Climate. I am impressed with everyone working toward physical wellness. We work in the area of emotional wellness creating this for staff and students alike. I would like to thank the 17 schools who have sponsored Safe School Ambassador Programs between August and now including six new ones: Village Academy, Freedom Shores Elementary, Pine Grove Elementary, Grassy Waters Elementary, and Lantana Community Middle. Over 500 students have been trained to help us maintain a safe school climate even when we are not around. It is not an easy task to be influential in a positive way with your peers so I congratulate them.

Michael K. *Single School Culture© Initiatives – School Counseling*

- We have conducted professional development with school counselors to identify risk in the community, as well as promoting student strengths, motivational interviewing, *Breaking the Silence* curriculum training as well as ongoing training for our 31 new counselors in the District.
- We have had successful collaboration with HealthTeacher to incorporate lessons in their core curriculum.
- Coming up we have the *Adolescent Depression and Awareness Program* sponsored by Johns Hopkins University program for counselors, teachers, and administrators.
- In terms of *Skills for Living* we are in our 3rd year of a major project *Study of Student Success Skills*. This is a large study about what works in terms of helping students learn



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in the classroom. Data shows students who participate are more engaged, attentive, cooperative and appropriately assertive. More information on the outcomes of the study will be forthcoming.

- I will close with a brief report on our College Career Fair which was on October 10, 2013. We had 4,300 students and their parents that evening, 150 representatives from 25 different states and five branches of the Armed Forces hosting booths to share information with our students. We had a great night. Thank you.

Debbie N. *Exceptional Student Education (ESE)* –

- ESE Advisory Council will be having a Fall Family Forum and Resource Fair on November 14, 2013 from 5:30 p.m. - 8:00 p.m. at John I. Leonard High School.
- Mark your calendars for the Buddy Walk on Sunday October 20, 2013 at John Prince Park.
- The ESE Department participated in the Heart Walk on September 28th.
- LRP had training on how to accommodate children with food allergies. We are really on the cutting edge with our plans and we are very excited about that.

I will now introduce our ESE Department Wellness Champion, Marla Phillips.

Marla P. Good morning. This is my first WPTF meeting and I am in awe at what is going on here. Within the District we are the ones helping others, but it dawned on me that no one was watching after us. I decided to do something fun. We are doing two things:

- “Weigh Down” is a program where each week people in the ESE Department sign up to weigh in privately. The goal is to lose one pound per week and they must have a long term goal. The incentive: each week you lose a pound, your name goes in a raffle. The winner will go to the PGA National Spa for the day.
- “Line Dance Off” is a way to build team camaraderie among the department. We would like to challenge another department to beat us. You win the dance off by the amount of people who show up and pull off the line dance.

Cathy B. *Student Intervention Services* –

- In the *Homeless Education and Resource Team (HEART)* there are three main initiatives:
 - ✓ One is the Wells Fargo Grant which awarded \$15,000 to serve 10th and 12th grade unaccompanied homeless youth this year.
 - ✓ In addition there is a community partnership with *Parent Child Center* which will provide wrap around services for homeless students.
 - ✓ There is the *Bethesda by the Sea* program which has a mentoring and tutoring program, a holiday gift tree and *Feeding God’s Children* program.
- The *Foster Care Program* is continuing with their roll out foster parent campaign.
- Last year the *Teen Parent Program* served 365 teens and 231 of their children were receiving child care services. This year already we have served 142 teens.
- For the Ethics and Actions part of our department, we are sponsoring the 3rd Annual Palm Beach County Ethics Bowl on January 11, 2014 at Palm Springs Community Middle School. We will have a brochure for that soon.



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- As far as my part under Health Services, this year school nurses are already proceeding with screening services.
 - ✓ Vision and hearing screening takes place in Kindergarten, 1st, 3rd, and 6th grades.
 - ✓ BMI screening takes place in 1st, 3rd, and 6th grades.
 - ✓ Scoliosis screening takes place 6th grade.
- The Florida Health Palm Beach County (formerly known as the PBCHD) through the Tooth Fairy Bus is proceeding with the *Dental Sealant Program*.
- The American Lung Association provides *Open Airways* for Asthma students and is a four week program.

Stephanie W. *Afterschool Programming* –

- In the past we have had a difficult time training afterschool staff because of their work schedules. A lot of our counselors are college students themselves. Corporate Care Works (CCW) has been kind enough to work with us on weekends and teacher workdays to provide staff trainings. As of this Friday, 180 afterschool staff will have been trained by CCW.
- Also with SPARK, we are collaborating with the K-12 Physical Education school staff and Eric Stern allowed me to borrow some of his SPARK experts. I worked with Denise Griffo and Amie Schneider and we came up with ideas for assisting our afterschool sites using the SPARK program. Afterschool programs have a requirement of thirty minutes per day of physical structured play so SPARK is a great fit for us. We are excited to continue that collaboration.
- SPARK is also being included in our *Give Them a Boost* program which is a healthy lifestyles program that includes SPARK, *Camp Boost*, and *Discover Art*. Students are getting a really well-rounded education in Wellness with these.

Paula T. Thank you, it is awesome to see how we are all working together.

Miguel B. *Choice and Career Options* –

- We had the showcase of schools for all the departments on October 8, 2013 and we had over 10,000 parents and students come out to it – it was really great.
- The *Choice Programs* application is now open. This is a brand new online system which we anticipate to be very effective. We had problems entering data by hand in the past. This new system is easier; they get emails and tracking immediately.
- We have new academies that are supporting Health and Wellness:
 - ✓ Acreage Pines Biomedical Veterinary Technology which is a partnership with Good Samaritan Hospital who donated a lot of the supplies and curriculum for that academy.
 - ✓ Omni Middle School's Biomedical Health and Informatics which is an integration of Medical Sciences with Business IT to be able to meet the demands from the Federal Government coming January 1, 2014.
 - ✓ Also we have four Biomedical Science academies with the Florida Atlantic University College of Medicine for 6-12th graders. We are trying to create that partnership where the students will come into the College of Medicine as 6th



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graders and stay here in Palm Beach County.

Kim S. *Employee Wellness –*

- Our *Apple a Day* wellness campaign is back and is a district-wide competition to get people to eat more fruits and vegetables. Take a picture eating the apple and submit it for points. We have about 1,500 people registered to date and over 3,000 pictures. Go to <http://www.pbapples.org/> to see these pictures.
- Wellness Champions are off to a great start. We hosted the Wellness Champions “Meet and Greet” events in September 2013. We used *The Energy Bus* book as our theme by John Gordon to keep the positive momentum going. I just wanted to thank the Wellness Champions who are here today.
- In the *Alliance for a Healthier Generation’s Healthy Schools Program* we had two schools who received national recognition. They were Forest Hill Elementary and Manatee Elementary. Recently, I was able to join them in Little Rock, Arkansas for this national recognition. Now our grand total of Palm Beach County schools recognized is seven schools.
- I also wanted to thank everyone who participates in our *Wellness Rewards Program*. There will be no medical increases for 2014 due to all of the Wellness initiatives.

Christina D. *Environmental & Conservation Services –*

I will briefly talk about the *Learn Green Conference*. You have a flier in your packet. What does this have to do with wellness? We have added a “Health and Wellness” component this year. If you represent an organization that may want to be an exhibitor we do have some spots open in our hall. It is very affordable if you want to attend as yourself, you can. It is a great event, it is our 5th annual and you should try to make it.

Natalia A. *Public Affairs –*

- I encourage everyone to subscribe to our District News.
- We also have our nominations for our *2014 Distinguished Alumni Awards*, so if you know a graduate who would be great for it, we encourage you to nominate this person.
- I also want to tell you about the 2014 Showcase of Films. If you have any young kids in your life who have the creativity to create a commercial or a PSA, I encourage them to participate in this opportunity. There is still time because the deadline has been extended to January 27, 2014.

No Update from *Planning and Real Estate Services*.

Allison M. *School Food Service (SFS) –*

- We are proud to announce our 1st *SFS Annual Report* on a website similar to the *Wellness Promotion Policy Annual Report*. We have some highlights on the page: Power Up With Breakfast, Farm to School, our Qualified Workforce to include the evaluation process, and our award winning Wellness Program. We base the report on our departmental goals and strategies, as you can see one of our goals is to promote and support the *Wellness Promotion Task Force*. On the *Wellness Promotion Policy* page you can look at the different links to policies, Task Force meetings, surveys, etc.
- Another goal for School Food Service is to serve children and increase participation. If



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you look at the website you can see the High School and Middle School Dining and Reengineering program and our Fresh Fruits and Vegetables program. This is a culmination of what we did last year through the School Food Service Department. Please feel free to give us feedback because this is our first annual report on the web.

- We also sent out the *School Meal Programs* brochure to all households this summer. It goes through what makes a meal and has the *Wellness Promotion Task Force* meetings as well.

Paula T. On this brochure on the *Wellness Promotion Task Force* page – a meeting invitation was offered to anyone interested by communicating via (wellness@palmbeachschools.org). We believe some parents came today perhaps from that communication.

Paula T. *Chief Academic Office* - We did meet with Ms. Alligood and she is very excited to learn how she can collaborate with the academic side to support wellness initiatives and the district-wide *Wellness Promotion Task Force*.

For external partners we have the Caridad Center and they want to promote their Health Family Festival scheduled for Saturday, November 9, 2013.

Jezebel M: *External Partners: Caridad Center* –

We are here to thank Steve Bonino, the *Wellness Promotion Task Force*, and especially Paula Triana. It has been a long year and they help us a lot. We also adopted *The OrganWise Guys* and SPARK curriculums to educate our community. So our kids are receiving the same consistent message you provide in the schools in the Caridad Center.

Thank you to Paula Triana for her outstanding commitment for our Mission at the Caridad Center. Thank you so much. *Plaque was given to Paula from the Caridad Center.*

Paula T. Thank you very much! I have been in this community for twenty years. I remember Dr. Jean Malecki (former Director of the Florida Health Palm Beach County) saying “**Public Health is everyone’s business**”...and that is what we are all doing here. I am delighted to have served as the Co-chair of this district-wide *Wellness Promotion Task Force* with Steve Bonino for the past eight years. We are still only scratching the surface; we have so much more to do, so much more to give as a community. I am excited that we have over 100 people here today and appreciate everybody’s collaboration and commitment to *improving students’ performance*. We are all dedicated to improving the Public Health of Palm Beach County and I am honored to support this quest. *Thank you.*

Paula T. We may be adding additional departments in future *Wellness Promotion Task Force* meetings under the ***Other School/Department Based Activities - Updates***

In addition, we are having our 3rd Annual “**Wellness Celebration**” event on Thursday, December 5, 2013 – invitation will be forthcoming!

At today’s meeting, we have a door prize courtesy of Citibank - so please stay until the end; we want to make sure everyone has a door prize ticket.

Seth B: Just a few closing comments: Thank you to everyone who has come to today’s WPTF meeting. We hope to see everyone at the “**Wellness Celebration**” on December 5, 2013 and at future meetings. Please take the “SurveyMonkey” and give us your feedback on this Task Force meeting.



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The feedback will help us to improve meetings in the future. We would also like to thank all presenters for coming today.

Door Prize ticket drawn: Heidi Schwab won.

Paula T. Thank you very much there is now time for networking and sharing.

Meeting adjourned at 10:13 a.m.

Goals:

Short Term	Long Term
<ul style="list-style-type: none"> ❖ <i>Single School Culture© Initiatives</i> – Interested individuals interested in having Cooperative Agreements to our schools will have a meeting on October 24, 2013 in Thurber-C at 8:30 a.m. ❖ Buddy Walk on Sunday October 20, 2013 at John Prince Park ❖ ESE Advisory Council’s - Fall Family Forum and Resource Fair on November 14, 2013 from 5:30 p.m. - 8:00 p.m. at John I. Leonard High School ❖ Join in the ESE Department’s “Line Dance Off” to build department camaraderie. ❖ Promoting events around Palm Beach County promoting the Hunger and Homelessness Awareness Week from November 18-22, 2013 ❖ Safe and Drug-Free Schools Advisory Council Wednesday, December 4, 2013 ❖ 3rd Annual Palm Beach County Ethics Bowl on January 11, 2014 at Palm Springs Community Middle School ❖ Promote the South Florida Fair Kids Mile scheduled for January 18, 2014 ❖ Encourage any creative students to enter the 2014 Showcase of Films by January 27, 2014 ❖ Nominate qualified candidates for Public Affairs’ 2014 <i>Distinguished Alumni Award</i> ❖ HealthTeacher – school research study results – WPTF meeting February 5, 2013 ❖ Award schools with the <i>Healthy School Well Workplace Award</i> in February 2014. ❖ If interested order “WalkKits” through <i>The Walking Classroom</i> or apply for a donated set. ❖ Continue to schedule Pre-planning Meetings for the 3rd Annual “Wellness Celebration” event on December 5, 2013 	<ul style="list-style-type: none"> ❖ Continue to support OneBlood, Inc. at the District building Blood Drives and other locations. ❖ Continue to support the Soul Source Project with collaboration of the Palm Beach County Food Bank at the school and district levels. ❖ Create partnerships to sustain continuity of existing programs once the Robert Wood Johnson Foundation’s - <i>Healthy Kids, Healthy Communities</i> Grant expires. This grant ends on December 14, 2013. ❖ Continue to seek community stakeholders that bring value to the district’s Wellness Promotion Task Force. ❖ Promote the Wellness Rewards Program that begins in January 2014 ❖ Support the Biomedical and Veterinary Technical Academy will be opening at Acreage Pines Elementary SY 2013-2014. ❖ Continue to promote CCW: EAP’s Stress Management Tips for Mental Health, and HealthAdvocate resources. ❖ Assessing and reviewing the (2.035) Wellness Promotion Policy for consideration of potential future revisions to take to the School Board for adoption



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Assignments:

Person Assigned	Details	Date Due
Paula Triana/Steve Bonino	Finalize the 7 th Edition Wellness Promotion Policy Annual Report	December 2013
	WPP Annual Report – Board Workshop	January 8, 2014

FY 2013-2014 Upcoming WPTF Meetings:

Date	Time/Location	Topics To Be Discussed
*Thursday, December 5, 2013 Wednesday, February 5, 2014 Wednesday, April 9, 2014 *Thursday, May 15, 2014	8:30 – 10:30 a.m. District Office – Main Board Room (10:30 a.m. – 11:00 a.m. with 30 Minutes Networking) *December 5, 2013 – 3 rd Annual “ Wellness Celebration ” meeting 2:30 p.m. – 5:30 p.m. and *May 15, 2014 meeting 3:30 p.m. – 6:00 p.m.	<ul style="list-style-type: none"> ▪ RWJF – Health Kids, Health Communities Grant ▪ Employee Wellness ▪ Continue focus on “Mental Health” ▪ The Healthcare District of Palm Beach County – School Nurses ▪ Provide more Healthy School/Well Workplace Awards to schools ▪ Nutrition Standards progress ▪ Soul Source Project ▪ OneBlood ▪ <i>and many more topics to come...</i>

Change in Current Policy, Procedure and/or Situation:

None

Wellness Promotion Task Force – Mission Statement ~

The Wellness Promotion Policy (2.035) creates a forum to educate the District and community partners to successfully collaborate in promoting healthier lives. With the District’s ultimate goal of improving student performance, the direction of the Wellness Promotion Task Force is to encourage a proactive approach to holistically address the health, wellness, and safety for all school children and staff, parents, and the community.